

Month 1: Renew

Checklist:

- Show up to LIVE coaching calls.
- Watch the guest interview this month and participate if possible!
- Watch the monthly training videos and complete suggested actions:
 - Personality Test
 - Be Still assignment (download available in description section of video)
 - Proposal Brainstorming
 - Goal Setting
 - Organizational tools
- Work on book proposal elements (brainstorm proposal - don't skip this step! The more thorough you brainstorm, the easier the proposal/book writing will be)

There will also be bonus videos and training's available which you're welcome to watch or skip.