

# Month 3: Revive

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## Checklist:

- Share about yourself on the Facebook thread.
- Watch the guest expert interview videos this month and apply what you learn.
- Show up to two LIVE coaching calls.
- Watch Rachel's monthly training video and complete the suggested actions:
  - Free personality test:  
<https://www.16personalities.com/>
  - "Be Still" assignment.
  - Set goals + plan out a working schedule.
  - Brainstorm book proposal idea.

\*There will also be bonus videos and training's available which you're welcome to watch or skip.\*